### Tu' Kwa Hone

#### Newsletter



### Buns Paiule Illibe Konka 900 Brans, Or 97/7/20 541.573.0016 TIMBANL GOLUNIQIL GOMTAACUE Chalair Radefigue Chargerson SAN 373-8007/1509-4953 Duras Police Tribal Police Chief Counen Smith 541.413.1419 Brenk Ritzero 501.613.0002 Scalal Sawlees Midhelle Breefedh Director/ICWA 3411*5*09.01771 iaesa Cowing-Domesia Wielenge // Asscrill) 541-573-8053 // 541-413-Police After hourse Cell Deuns Disposch 5411.573.6020



#### **Burns, Oregon**

#### **COMMUNITY EVENTS:**

March 17, 2016— Prevention Family Fun night at 5:30 pm.

March 21—25, 2016—Spring Break for students

March 29, 2016—Strategic Prevention Framework Partnership for success Grant. Noon at the Gathering Center. Lunch will be provided.

**Culture & Heritage Department** 

**Oregon Folklore Moccasin Grant** 

Moccasin Making-March 18, 2016

1:00 pm to 4:00 pm @ Gathering Center

We are starting our moccasin project, next class will be March 18, 2016. Then we will continue to make moccasins every other Friday after that. Ages 10 to 18 yrs., will make their moccasins first, then the small kids. We encourage parents/ guardians to be there to observe what we will be doing. Thank you.

Contact: Myra Peck 541-413-0766 or Phyllis Miller 541-480-4009, Diane Teeman at 541-413-1190.

#### **Attention Tribal Members:**

The Burns Paiute Tribal Council is seeking individuals for the board for the 501C.3 Burns Paiute Foundation. The articles of Incorporation for the foundation require that people represent certain sectors. The sectors are someone from the parent committee, an educator, a tribal council representative, someone from financial or banking and someone who is an elder. If you are interested please submit a letter to Tribal Council, please include how you are qualified in the sector you wish to represent. Thank you for your interest.

#### March 07, 2016

#### **WILDLIFE HABITAT TECHNICIAN**

#### **BURNS PAIUTE TRIBE**

Title: Wildlife Habitat Technician (3 posi

tions available)

Agency/Department: Burns Paiute Tribe/

Natural Resource Department

Opening Date: March 1, 2015

Closing Date: Until filled

Classification: Full Time/2 month tempo

rary from (April - May)

**Salary:** \$12.50 - \$14.80/hour DOE

Reports To:

Wildlife Biologist

Location (s):

Primary location is Burns, Logan Valley and/or Jonesboro, OR and various locations as duties are assigned. Extended stays at wildlife mitigation properties are required.

#### WILDLIFE HABITAT TECHNICIAN

#### **BURNS PAIUTE TRIBE**

Title: Wildlife Habitat Technician (2 posi

tions available)

Agency/Department: Burns Paiute Tribe/

Natural Resource Department

Opening Date: Feb. 29, 2016

Closing Date: Until filled

Classification: Full Time/Temporary from

(March 15th – November 2016)

**Salary:** \$12.50 - 14.80 / hour DOE

Reports To:

Wildlife Program Manager / Site Manager

Cocnran, Stacey B -FS <staceybcochran@fs.fed.us>
Tuesday, January 19, 2016 2:15 PM
Stacey Cochran (stacey.cochran@discovernw.org)
USFS Ranger Training Residential Internship Opportunities
2016 Residential Ranger Training Internship-LLVC.docx; 2016 Residential Ranger Training Internship-PVC.docx

Hello,

My name is Stacey Cochran. I am the Volunteer and Event Coordinator with Discover Your Forest, Non-profit friends group of the Deschutes and Ochoco National Forest. I coordinate and recruit Participants for Forest Service Ranger Training and Discover Your Forest Conservation Education Internships. I wanted to bring to your attention two opportunities that we have for Summer 2016 up at Newberry National Volcanic Monument. I would love to share these opportunities within you communities and programs. Some information about the programs:

## Ranger Training Residential Internship at Paulina Visitor Center at Newberry Caldera Ranger Training Residential Internship at Lava Lands Visitor Center

- Summary: Uniformed intern position duties include, but are not limited to: welcoming and orienting Monument visitors, providing in-depth information on Monument sites, developing and delivering interpretive and educational programs.
- The application period is currently open and will remain open until positions have been filled, but no later than May 15<sup>th</sup>, 2016.
- Training is taking place from June 6-9<sup>th</sup> at Newberry National Volcanic Monument, and is mandatory
- Furnished Lodging is provided as well as \$15/work day per diem
- First Aid and CPR Certification Course is provided
- Training in Interpretation and Visitor Services is provided

If you, or anyone in your programs and communities, have questions about these, or other, opportunities, please have them call me at 541-383-5530 or <a href="mailto:statev.cochran@discovernw.org">statev.cochran@discovernw.org</a>.

Also, if you have suggestions on how better to reach your students and communities please let me know.

Thank you and have a great rest of you day.

Stacey

#### **Stacey Cochran**

Volunteer and Event Coordinator

Discover Your Forest

Discover Your NW Email: stacey.cochran@discovernw.org

Forest Service Email: staceybcochran@fs.fed.us

Office Phone: <u>541-383-5530</u> Cell Phone: <u>541-508-9899</u> 63095 Deschutes Market Rd

Bend, Oregon 97701



Help us Celebrate Gram Rena Beers 98th Birthday!

Where: Gathering Center

When: March 19, 2016

Time: 1:00p.m.

Please bring a side dish we will provide

Turkey/Ham

Cake and Ice -cream!





#### United States Department of the Interior BUREAU OF INDIAN EDUCATION CHEMAWA INDIAN SCHOOL

3700 Chemawa Road, NE Salem, Oregon 97305-1199 Phone: 503-399-5721 Fax: 503-399-5870



### CHEMAWA INDIAN SCHOOL

#### **EMPLOYMENT OPPORTUNITES**

<b>BUS DRIVER</b>	VACANCY	OPEN UNTIL FILLED
	ANNOUNCEMENT	
	CIS-1524	
<b>BUS DRIVER</b>	VACANCY	OPEN UNTIL FILLED
(INTERMITTENT)	ANNOUNCEMENT	
; ((INTERIVITIENT)	CIS -1514	
HOME LIVING ASSISTANT	VACANCY	OPEN UNTIL FILLED
(INTERMITTENT)	ANNOUNCEMENT	
(INTERMITTEMI)	CIS-1517	
MATH TEACHER	VACANCY	OPEN UNTIL FILLED
	ANNOUNCEMENT	
	CIS-1520	
SCHOOL JANITOR	VACANCY	OPEN UNTIL FILLED
(INTERMITTENT)	ANNOUNCEMENT	
(INTERMITTENT)	CIS-1525	·
SUBSTITUTE TEACHER	VACANCY	OPEN UNTIL FILLED
	ANNOUNCEMENT	
	CIS-1510	

For more information, please visit

http://www.chemawa.bie.edu/employment.html



Proud Sponsors of
National Red Ribbon Week®
and the Lock Your Meds® Campaign

#### NATIONAL FAMILY PARTNERSHIP® MOURNS THE LOSS OF NANCY REAGAN

The National Family Partnership (NFP), formerly the National Federation of Parents for Drug Free Youth, and its affiliates across America are deeply saddened by the loss of our former honorary chair, Nancy Reagan. The former First Lady was an inspiration and a catalyst for preventing generations of children from experiencing the devastating consequences of addiction.

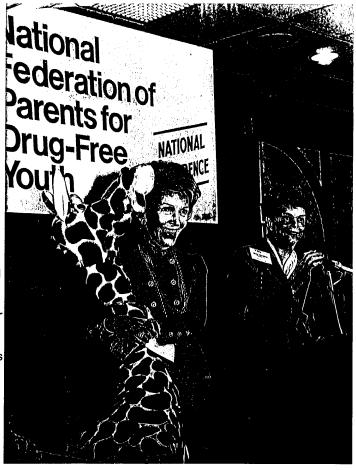
Reagan served as Honorary Chair from 1980 to 1988, during her husband, Ronald Reagan's presidency. Through her presence and promotion of many educational campaigns, such as The Chemical People, Just Say No and the Red Ribbon Campaign, Nancy Reagan served as the face of The Parent Movement, a movement in which tens of thousands of concerned parents across the US worked together to successfully reduced casual drug use by 50% between 1978 and 1991, according to the Center for Substance Abuse Prevention.

Many of NFP's founders recall Reagan's passion and commitment for promoting drug prevention for children. With her help, the organization's voice was loud and clear against forces that promoted drug use as being normal and recreational.

"Nancy Reagan was a wonderful woman and we will never forget her willingness to stick her neck out for our children; far too few people are willing to do that today for this important cause," said **NFP President Peggy Sapp**. "She continues to serve as an inspiration as we face the latest drug epidemic: prescription drug abuse and heroin."

The National Family Partnership will be making a donation to the **Ronald Reagan Presidential Library** in honor of Reagan's dedication to helping kids grow up safe, healthy and drug free.

###



THE NATIONAL FAMILY PARTNERSHIP was established in 1980 and is a national leader in drug prevention, education and advocacy. Its mission is to lead our nation's families and communities in nurturing the full potential of healthy, drug-free youth. Red Ribbon Week is the nation's largest and oldest drug prevention campaign. NFP created the campaign in response to the 1985 abduction and murder of DEA agent Enrique "Kiki" Camarena. In 2008, the Lock Your Meds campaign was created in response to the prescription drug abuse epidemic. Learn more about NFP at <a href="https://www.nfp.org">www.nfp.org</a>.

# GREAT NEWS

YOUR VOICE WAS HEARD!

I AM HAPPY TO REPORT THAT THERE
WILL SOON BE AA AVAILABLE ON THE
BURNS PAIUTE RESERVATION.

THESE MEETINGS WILL BE CHAIRED USING THE ALCOHOLICS ANONYMOUS FORMAT AND FOUNDATION.

PLEASE CONTINUE TO WATCH THE NEWSLETTER, FACEBOOK, AND WATCH FOR FLYERS FOR MORE DETAILS.

IF YOU HAVE QUESTIONS PLEASE FEEL FREE TO CONTACT THE BURNS PAIUTE ALCOHOL AND DRUG PROGRAM.

541-573-8003

Eugene Greene, Sr. American Legion Post and Auxiliary Unit 48 presents

1st ANNUAL

# WELCOME HOME VIETNAM VETERANS ~Parade & Expo~



Parade Music Food Vet Expo

Join Us!

MARCH 30, 2016

12 Moon Parade

13 June Expo

Warm Springs, OR

Registration 25 a March 15<sup>th</sup>



Veteran/Parade/Expo Registration: www.wsala48.org or call (541) 460-8212

#### WadaTika Health Center – Important Patient Information

If you are accessing Burns Paiute Tribe Contract Health Services, it is **your responsibility** to update your personal information, including proof of insurance coverage and contact information **each time** you visit any health care facility, dental office, or pharmacy. By doing this, proper billing procedures can be followed and help eliminate charges being sent to BPT for payment that should be covered by Third Party Resources. If your physician orders labs or x-rays in a facility other than the office, you must provide that facility with your information as well.

As before, if you have **NO INSURANCE**, **ANY and ALL** appointments must be preapproved by calling WadaTika Health Center. This will allow staff to process required Purchase Order and provide authorization for you to be seen. Not following proper procedure can result in payment denial.

If you have Private Insurance and Contract Health secondary, preapproval is not necessary. Your responsibility is to provide your insurance information to the facility for billing. Upon payment from your insurance, any balance owing should be sent to WadaTika Health Center for payment approval.

Currently, due to our new software program, if you have not updated your information as requested previously, services will not be available until information is completed and your new record is entered into our system. Patient registration forms are available during regular business hours at WadaTika Health Center.

We look forward to making your next visit a positive experience and appreciate your cooperation.

If you have any questions, please feel free to call Shelley Richards at 541-573-8047.

## After School Program @ Tu-Wa-Kii-Nobi 5-18yrs



#### March 714th-18th

#### Spring Break Activities

16th –1:00-Kidk Butts Day

@ Rainbow park.

17th-10:00-St. Patrick's
Day-treats-5:30Family fun
Nigh-@G.C.

21st-4 Rivers Museum

22nd-9:00-Fleece Blanket

1:00-Lacrosse Camp

23rd-ice skating-Bend

24th-12:00-Kids Bingoprizes

Tu-Wa-Kii-Nobi Staff

Main # 541-573-1573

After School Program-

Elise Adams—Youth Services

Coordinator

541-573-1572-

Andrea Herrera

Youth Services Coordinator Assistant

Rhonda Holtby-Parent/Educ. Coordinator

541-413-0448

Fred Peiroy- Tutor 541-589-2933

Marrisa/ Spencer Jones-Evenign Tutors

(775)770-4539

#### Monday March 14th

4:00-5:00-Tutor/Reading for 20min.

5:00-5:30-Free Time-take kids home

#### Tuesday March 15th

4:00-5:00-Tutor/Reading for 20min.

5:00-5:30-Free Time-take kids home

#### Wednesday March 16th

SLATER NO SCHOOL-spring break starts

10:00-1:00- Free Time, Craft, Movie, Snack

1:00- Kick Butts Day @ Rainbow w/ Hot Dogs

#### Thursday March 17th

10:00-12:00-Free Time-Movie

12:00-1:00- Lunch for Tu-Wa-Kii

1:00-3:00-St. Patrick's Day Party

3:00-4:00\_ Free Time\_ Take kids home

\*\*Family Fun Night @ Gathering Center @ 5:30 Gathering Center

#### Friday March 18th

Willows Field Trip

We will be leaving at 8:30 a.m. and will be returning by 4:30

Please Get Permission Slip Signed and Get Signed Up!

The rest of Spring Break is planned—stop by and sign your kids up.

Sign-up sheets at office & Health Office for each event. We do have permission slips also that need to be turned in prior to field Trip.

Please let us know if you can't make it. So we can plan if you signed-up. Thank you.

Any Questions Call Tu-Wa-Kii-Nobi (541)-573-1573





## Parent Committee Meeting

Wednesday, March 16, 2016 5:15 pm @ Tribal Courtroom

#### **AGENDA**

- Bank account update
- Update from Marissa Jones Title VII
- Update from Rhonda Holtby Education/Parent Coordinator
- Update from Native American Club Ambrosia Snapp, President
- Update from Kerry Opie Education Director
- Fundraisers
- Scholarship from Parent Committee
- Update Spring Break Activities
- Request to sponsor kids prizes for Easter March 26, 2016
- Reguest to sponsor tiny tot division at pow-wow in October
- Request to sponsor sweep your teepee for youth at pow-wow in October
- Planning for yearend celebration

Parents of students graduating from high school, middle school and pre-school, please be in attendance. We need you to volunteer your time in planning, organizing, setting up and cleaning up of this year's Honoring our Graduates.



S S



# Housing News



Newsletter Date March 14, 2016

#### **Contact Info**

Office No.

541.573.2327

Office Fax No.

541.573.2328

Jody Hill,

Executive Director

Cell

541.589.2022

Brenda Sam,

Housing Assistant

Cell

541.589.2647

## Annual Re-certification Applications/Proof of Income & Home Inspections

RESCHEDULING of Home Inspections—There are 5 homebuyer/tenants that have rescheduled. Letters have been sent out with the new date and time. They have been scheduled for either March 29th or 30th. Please see letter that was sent for your date and time.

2nd DUE DATE for re-certification applications and proof of income is MARCH 24, 2016 by close of business.

The annual re-certification application and proof of income are required on an annual basis per the NAHASDA Statute. Please turn in as soon as possible as it is a requirement!!

First day of Spring Sunday March 20, 2016



UPCOMING HOUSING AUTHORITY MEETING

Monday

March 29, 2016

11:00 am

**Housing Office** 

# HOUSING AUTHORITY MEMBERS

Chairperson,
JoEllen SkunkCap

Vice-Chair,

Elisha Caponetto

Secretary-Treasure,

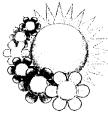
Phyllis Miller

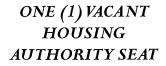
Members at Large

**Andrew Beers** 

Vacant







If you are interested in being on the Housing Authority Board, please submit a letter of interest to Tribal Council. One seat is available.

#### 2015 Annual Performance Report

The 2015 Annual Performance Report (APR) for the Housing Authority is posted at the Admin Building and the Housing Office for public comment. If you would like a copy of the DRAFT APR please contact the Housing Office at 541.573.2327 or stop by and we can give you a copy. All written comments are due Tuesday, March 22, 2016 at the close of business to the Housing Office. If you have any questions please stop by the office or call.



# FAMILY FUN NIGHT

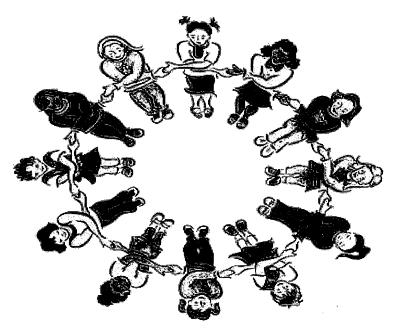
WHEN: THURSDAY

MARCH 17TH, 2016

WHERE: GATHERING CENTER

TIME: 5:30 to 7:30

We will be serving dinner Goulash, Salad, French bread & Cookies



Fun evening with family & friend prizes will be awarded

Sponsored by: Road to Wellness Alcohol & drug

**Prevention Programs** 

#### **Prevention Coalition Meeting**

March 29, 2016

#### SPF-PFS Grant Work



Thank you to those who attended the Prevention Coalition meeting on Wednesday, February  $10^{\text{th.}}$  It was well attended and your input was greatly appreciated. We have a lot of work to do to move us forward, many positive ideas came out of the meeting, now we need to go to work as a group.

As discussed in the meeting, the SPF-PFS has a timeline to get the work done. Our next meeting will be held on Tuesday March  $29^{th}$ , 2016 at 12:00 pm, at the Gathering Center. Lunch will be provided.

The first goal is to discuss and decide which of the following priority areas concerning substance abuse most reflects the community.

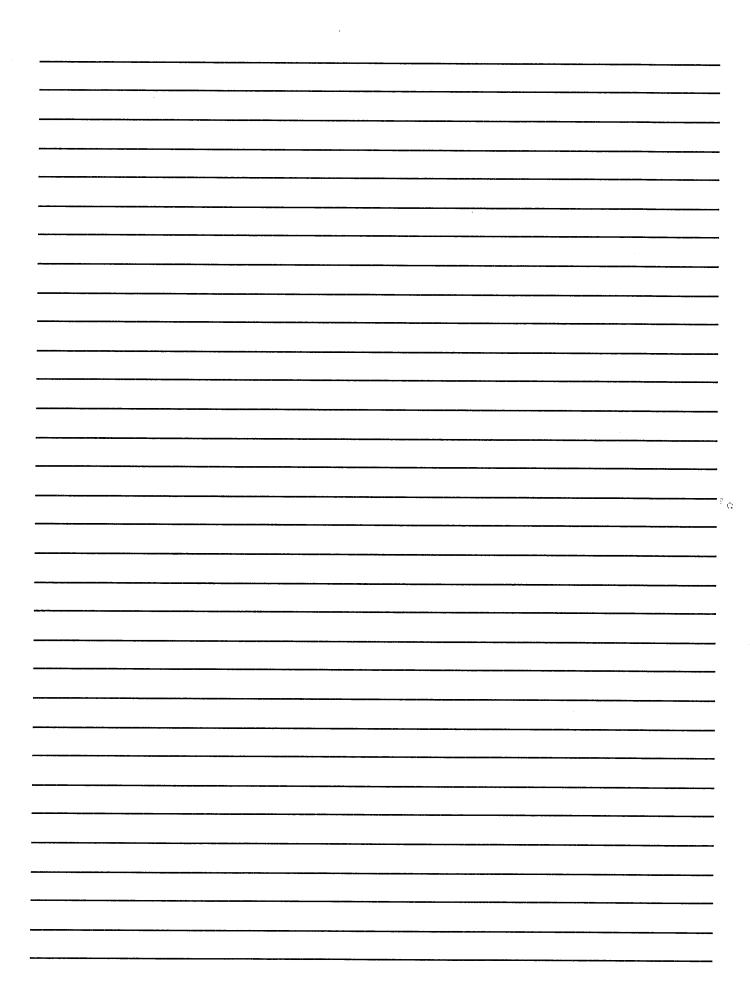
- The age group of the 21-25-year-old high risk (binge drinkers)
- Prescription drug misuse and abuse, age 12-25
- Underage drinking among 12-20-year-old

#### The second goal is to define the community:

- Burns Paiute Tribal members
- Native American population within Harney County
- Native Americans on reservation and in Burns and Hines

#### The third goal is to form a workgroup:

- This work group can comprise of 5-7 community members or the whole community
- A community assessment workgroup needs to be willing to help move the Strategic Prevention Framework Partnership for Success forward
- Through this workgroup we will assess our community
  - History
  - Culture
  - Demographics
  - Boundaries





# YOUTH MOVEMENT

HOW DO YOU PLAN TO IGNITE YOUR GENERATION?



## THE SIGMA CHI YOUTH MOVEMENT SCHOLARSHIP STRATEGIC PLAN OVERVIEW



#### **DETAILS:**

Sigma Chi Fratemity at the University of Oregon has graciously donated \$10,000 from its Derby Days Fundraiser to help create an annual academic scholarship for graduating seniors. Sigma Chi will have the naming rights of the scholarship and have requested that the \$10,000 be distributed over a four year period. We will be offering two scholarships in 2014, 2015, 2016 and 2017 in increments of \$1,250. The purpose of the scholarship is to help students pursue a secondary education and empower them to share how they plan to ignite their generation.

#### PROMPT:

Students will write a 700-word essay on how they plan to ignite their generation.

#### **SUBMISSION:**

Application for the scholarship will require three parts:

- 1. Completed Application Form (attached)
- 2. Essay Response
- 3. Letter of Recommendation (from a teacher, coach, or mentor)
- 4. Verification of Enrollment (due upon reception of award)

#### **ELIGIBILITY:**

Any college bound senior of Native American or Aboriginal descent.

#### **DEADLINE:**

Essay and letter of recommendation must be submitted to uo.youthmovement@gmail.com by April 8th at 5pm. Letters of recommendation must be emailed before the deadline by the adult who writes the recommendation and we will allow a one week grace period on submissions.

#### JUDGING:

The Youth Movement Field Day staff will pick the top 5 contestants. Next, Warsaw Sports Business Club Faculty Advisor Josh Gordon, N7 Program Partners, Native American Student Union Executive team and select Sigma Chi members will each rank the contestants 1-5. The two contestants that have the highest average ranking will be awarded the scholarships.



## THE SIGMA CHI YOUTH MOVEMENT SCHOLARSHIP APPLICATION INSTRUCTIONS



#### **DETAILS:**

Application for the scholarship will require three parts:

- 1. Completed Application Form (attached)
- 2. Essay Response
- 3. Letter of Recommendation (from a teacher, coach, or mentor)
- 4. Verification of Enrollment (due upon reception of award)

#### **ESSAY PROMPT:**

How do you plan to ignite your generation? (700 words or less)

#### LETTER OF RECOMMENDATION INSTRUCTIONS:

Letters should address leadership, character, and work ethic. Please have the recommender include their current title and their relationship to you (teacher, advisor, employer, coach, and so forth).

Letters should be emailed directly from the recommender to uo.youthmovement@gmail.com

#### **ELIGIBILITY:**

Any college bound senior that is of Native American or Aboriginal descent.

#### **DEADLINE:**

The application form, essay, and letter or recommendation must be submitted to uo.youthmovement@gmail.com by Friday, April 8th at 5pm. Verification of enrollment forms will be due for all award recipients by Friday, June 3 at 5pm.

#### AWARD:

The high school students selected will be given an invite to attend the Youth Movement field day on Friday, April 22nd at the University of Oregon. They will be awarded their scholarship and granted the opportunity to be a team leader for the middle school students participating in the field day.



## THE SIGMACHI YOUTH MOVEMENT SCHOLARSHIP VERIFICATION OF ENROLLMENT



Request Date:	wanning.
This certifies that:	II Name
Is enrolled at:Official Name of Co	llege or University
	2017 academic year and/or will be attending on a full-time basis
Make check payable to:  Checks must	be made payable to school
Mail to:	
University Student's ID #:	
University Official's Signature:	
University Official's Phone #:	Email:

#### Special Instructions to College/University

- 1. Verification of Enrollment form must be signed by an official of the College / University / School where student will be attending in the 2016-2017 academic year (impress with School seal, if available). Forward to the address below when student has officially matriculated. Verification of Enrollment forms not properly completed will be returned.
- 2. Checks will not be sent until after September 1<sup>st</sup> for courses starting in the Fall. Do not count on funds to pay preregistration fees or advance room & board charges which must be paid before September 1<sup>st</sup>. The scholarship check must be made payable to the school. It will not be made payable to the student under any circumstances. Allow at least 4-6 weeks after receipt for processing and mailing.
- 3. Form with original signature must be mailed to this office. Do not send form with a photocopied signature. Faxed copies will not be accepted.
- 4. This award may be used toward cost of attendance expenses, and should be apportioned in equal amounts for each term or semester of the current academic year.
- 5. If the student's course of study is terminated for any reason, the entire undisbursed balance of the award must be returned to the Sigma Chi Fraternity by the school. Do not turn over to the student.

#### **Mail Form to:**

Sigma Chi Fraternity Attn: Derby Days Scholarship 1440 E 19<sup>th</sup> Ave Eugene, OR 97403



# THE SIGMA CHI YOUTH MOVEMENT SCHOLARSHIP STUDENT APPLICATION



ADDRESS:
VUUDECC:
ADDITESS.
COMMENDATION:
LAN TO IGNITE YOUR GENERATION?  SE KEEP YOUR ANSWER TO 700 WORDS OR LESS***
,
-



All art

Work

Submitted

Will

Become

property

Of

The

**Burns** 

**Paiute** 

Tribe

## Save the Date

-Howard Rainer "I will bring honor to my heritage" -

8:15am-5pm Salem Campus Bldg. 6 Auditorium

For more information please contact:

LINDA RINGO-REYNA 509.399.5143

SORYA MOODY-JURADO

503.390.9494



No cost conference featuring Honored Teacher and Elder Howard Rainer, as well as several other outstanding Native American Educators. The focus is on students grades 8–12 who identify as Native American or Alaskan Indian.





## American Indian Youth Leadership CONFERENCE "I AM Thriving"

Friday, April 8, 2016 \ 8:30am - 4:00 pm

#### **Registration Form**

#### **PLEASE PRINT OR TYPE:**

(Please complete a separate form for each person)

Name: (first)			(last)				
(please check one) Student	Grade	<del></del>	Teacher/Co	ounselor	Adult Chaperone		
School/Organization:			· · · · · ·				
Mailing Address							
City:	State:	Zip: _		Day Phone:			
Name of Chaperone:			_Phone:	E-mail:			
Permission for Student to Attend Conference-							
I hereby give permission for my Child,, to attend the AIYLC/American Indian Youth Leadership Conference at Chemeketa Community College on April 08, 2016. I understand that an adult will chaperone my child to and from the event either by private vehicle or school bus.							
Print Name and Signature of Parent/Guardian		Date					
I grant permission to <u>American Indian Youth Leadership Conference</u> for the right to photograph my student and for its use, which includes such purposes as publicity, illustration, advertising, and Web content.							
Signature of Parent/Guardian				Date			
Does your child have any medical concerns that we should be aware of?What?							

#### **Important Information:**

- \* Registration will be accepted up to and including the day of the conference.
- \* Conference attendees are responsible for making their own travel and lodging reservations.
- \* Day of conference includes continental breakfast and lunch.

#### Students Submit Registration Form to Your School Teacher or Counselor

#### Teachers/Counselors submit registration forms to Sonya Moody-Jurado

Sonya Moody-Jurado

Confederated Tribes of Siletz Indians

Phone: 503.390.9494

Fax: 503.390.8099

sonyamj@ctsi.nsn.us

#### **Additional Conference Information:**

Linda Ringo-Reyna

Chemeketa Community College

Phone: 503.399.5143 Fax: 503.365.4768

Linda.ringo.reyna@chemeketa.edu

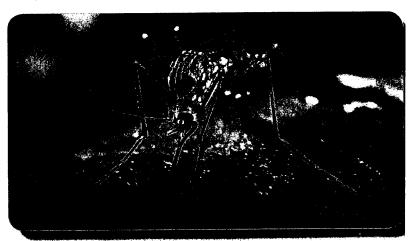
# Issues Guidelines for Pregnant Women during Zika Virus Outbreak

Zika virus is a mosquito-borne flavivirus transmitted primarily by Aedes aegypti mosquitoes, the same mosquitoes that transmit dengue and chikungunya. Symptoms of Zika virus are similar to these viruses as well. About 1 in 5 people infected with Zika virus become ill and the most common symptoms include fever, rash, joint pain, and headache. Severe disease is uncommon, but the incidence of Zika virus infection in pregnant women is currently unknown and data are limited [1].

Zika virus infections have been confirmed in infants with microcephaly, and in the current outbreak in Brazil, a marked increase in the number of infants born with microcephaly has been reported. Because there is neither a vaccine nor prophylactic medications available to prevent Zika virus infection, the CDC recommends that all pregnant women consider postponing travel to areas where Zika virus transmission is ongoing.

If a pregnant woman travels to an area with Zika virus transmission, she should be advised to strictly follow steps to avoid mosquito bites. Mosquitoes that spread Zika virus bite both indoors and outdoors, mostly during the daytime; therefore, it is important to ensure protection from mosquitoes throughout the entire day. Mosquito prevention strategies include wearing long-sleeved shirts and long pants, using Environmental Protection Agency (EPA) registered insect repellents, using premethrintreated clothing and gear, and staying and sleeping in screened-in or air-conditioned rooms.

Women who traveled to an area with ongoing Zika virus transmission during pregnancy should be evaluated for Zika virus infection and tested in accordance with CDC Interim Guidance. Zika virus testing of maternal serum includes reverse transcription-polymerase chain reaction (RT-PCR) testing for symptomatic patients with onset of symptoms within the previous week. Immunoglobulin M (IgM) and neutralizing antibody testing should be performed on specimens collected 24 days after onset of



CDC

(dengue or yellow fever) is common with antibody testing, and thus it might be difficult to distinguish Zika virus infection from other flavivirus infections. Testing of asymptomatic pregnant women is not recommended in the absence of fetal microcephaly or intracranial calcifications.

No specific antiviral treatment is available for Zika virus disease. Treatment is generally supportive and can includ rest, fluids, and use of analgesics and antipyretics. Fever should be treated with acetaminophen. Although aspirin and other nonsteroidal anti-inflammatory drugs are not typically used in pregnancy, these medications should specifically be avoided until dengue can be ruled out to reduce the risk for hemorrhage.

In pregnant women with laboratory evidence of Zika viru in serum or amniotic fluid, serial ultrasounds should be considered to monitor fetal anatomy and growth every 3-4 weeks. Referral to a maternal-fetal medicine or infectious disease specialist with expertise in pregnancy management is recommended [2].

[1]www.cdc.gov/zika/symptoms/

[2] www.cdc.gov/mmwr/volumes/65/wr/pdfs/mm6502e1er.pdf

For more information, visit: www.cdc.gov/mmwr/volumes/65/wr/mm6503e1.htm